

AESTHETIC PLASTIC AND RECONSTRUCTIVE SURGERY



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+90 530 039 72 48



+90 850 303 77 71



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The lives of humans are extended day by day thanks to medical developments and the new methods available in the diagnosis and treatment of illnesses.

A healthy, young and pleasant appearance is becoming more and more prominent for many men and women.

For many people, plastic applications mean necessary operations .

1) MEDICAL PROCESSES

- Cool lifting
- Radiofrequency (needle/without needle)
- Medical Skin Care
- Facial Mesotherapy (Mesolift)
- Peeling and Microdermabrasion
- PRP
- Derma pen
- Laser
- Spot
- Skin resurfacing
- Vein
- Epilation
- Botox
- Filling
- 3D Skin Examination

FACIAL REJUVENATION



2) SURGICAL OPERATIONS

- Rhinoplasty
- Blepharoplasty
- Face Lifting
- Neck Lifting
- Forehead Lifting
- Ear Surgery
- Fat Injection

3) STEAM CELL APPLICATIONS

- Aesthetic Surgery and Steam Cell Treatment
- Face and Body Fill (Anti-Aging)
- Breast Reconstruction
- Treatment of skin scars and wounds

SURGICAL OPERATIONS



RADIOFREQUENCY (NEEDLE/WITHOUT NEEDLES)

In radiofrequency without needles, dermis is heated with electric energy and this creates tightening and stretches on the skin owing to thermal effect.

As to needle radiofrequency, the needles penetrating into the skin are successful against both skin loosening and skin disorders by tightening facial and neck skins, correcting wrinkles, healing acne and operational scars and cracks, and decreasing skin coarseness and thickness.



BODY REJUVENATION

1) MEDICAL PROCESSES -SLIMMING METHODS

- Cellulite Therapy with Mesotherapy
- Regional Slimming with Lipolysis
- A Tight and Stretched Skin with Bioactivation
- Regional Slimming with Lymph
- Drainage
- Circumferential Slimming with Tri-Polar Radiofrequency
- Skin Tightening with Icoone
- Slimming with Isometric Exercise

HAND REJUVENATION

2) SURGICAL OPERATIONS

- Mammoplasty
- Abdominoplasty
- Liposuction
- Brachioplasty
- Hand Plastic Surgery
- Calf Plastic Surgery
- Thigh Lifting
- Hip Plastic Surgery
- Genital Aesthetic Surgery

3) HAIR AESTHETICS

- Hair Loss Treatment
- Home Care Cures
- Hair Mesotherapy
- PRP Treatments
- BT Therapy
- Steam Cell Therapy
- Hair Transplantation

CIRCUMFERENTIAL SLIMMING WITH TRI-POLAR RADIOFREQUENCY

This process provides a painless and short-term care. It creates a younger appearance by stretching the skin in consequence of heating fibroblasts which produce the elastic fibers of the skin.

Accelerates metabolic activities and drains fatty acids that are accumulated.

Thus, fats can be diminished, and regional slimming and cellulite decrease can be acquired.

SLIMMING METHODS



Medical skin care consists of processes applied by specialist physicians with dermocosmetic products in order to regain skin vitality and to eliminate issues which cause skin to look pale such as accumulated fat, black spots and make-up residues.

Instead of standard applications, personal skin care schedules are created by choosing the most suitable skin care program for the problems of a patient.

MEDICAL SKIN CARE (HYDRAFACIAL)



FACIAL MESOTHERAPY (MESOLIFT)



This is a treatment method applied for a more vivid and pleasant look of the problematic areas on skin such as wrinkles, spots and fading due to aging.

Beneficial mixtures of vitamins, minerals and amino acids and moisturizer and stretcher hyaluronic acid can be applied on any area of the body where desired.

This way, a healthy appearance can be ensured and the skin gets a shiny and vivid look.

MEDICAL APPLICATIONS

COOL LIFTING

Cool lifting is an application achieved by spraying the desired materials with compressed CO2.

Hyaluronic acid or a spot eliminating serum (vitamin C, kojic acid, glycolic acid) penetrated to the skin by cool and compressed gas.

A tightened, shiny and fresh effect can be obtained even in the first application.



PEELING AND DERMAPEN APPLICATION



Peeling and microdermabrasion methods aim to peel the surface layer of the skin consisting of dead cells.

These methods help to acquire a shiny and younger look. You can have the best skin care thanks to periodic peeling and microdermabrasion applications even if you do not experience a skin problem.

This application is practiced by specialist physicians and is a skin rejuvenation method. Roller (micro needling) can be applied on face, hands and chest and neck areas. Roller treatment is used for anti-aging such as eliminating and decreasing thin lines and wrinkles and in diminishing acne and surgery scars. The process is applied by a Roller device which contains micro needles thinner than hair. As a result, the skin looks more healthy, shiny, vivid and young.

DERMAPEN APPLICATION



Dermapen Application

This application is practiced by specialist physicians and is a skin rejuvenation method. Roller (micro needling) can be applied on face, hands and chest and neck areas. Roller treatment is used for anti-aging such as eliminating and decreasing thin lines and wrinkles and in diminishing acne and surgery scars. The process is applied by a roller device which contains micro needles thinner than hair. As a result, the skin looks more healthy, shiny, vivid and young.

LASER TREATMENT



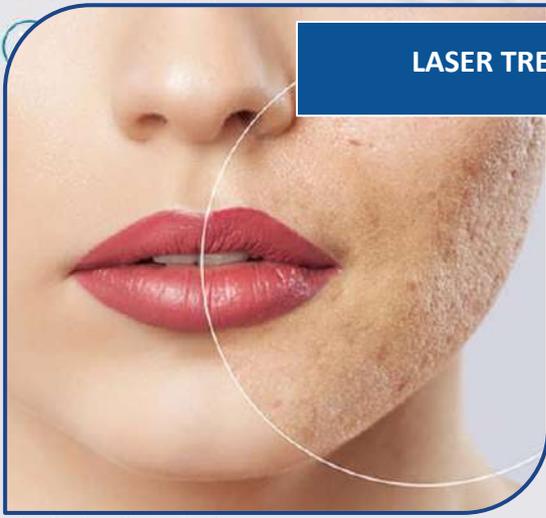
VESSEL

Pulsed Dye Laser and Nd: FAT laser are the primary lasers which are effective against vascular lesions. These lasers can successfully treat all vascular lesions. Port wine stain, hemangioma, acne, rosaceous, facial and les telangiectasis, cherry angioma, poikiloderma and chest and neck rashness are among the application areas. Vascular specific lasers are also benefited in the treatment of scars, cracks, psoriasis and persistent wart.

LASER TREATMENT



LASER TREATMENT



Skin Rejuvenation

Skin Rejuvenation by laser tightens dermal pores and removes spots and vascular problems.

During application, laser beam reaches to a certain degree of temperature and renews collagen under the skin. This process offers a young, shiny and stretched appearance.

Laser treatments are also used against acne scars and treats postnasal skin cracks.

We use CO2 laser, Nd: FAT laser, Er: FAT laser and fractional laser for skin resurfacing.

LASER TREATMENT



BOTOX

Botox is a method used for the treatment of dynamic wrinkles which arise by mimic. It is applied on muscles that cause such wrinkles and causes mimics to decrease and therefore, wrinkles to diminish.

Botox can be applied at any age.

This application prevents wrinkles during early ages and removes wrinkles of old age.

FILLING

Volume depletion due to age occurs mostly on eye and mouth areas, chin and cheek line, cheeks and around lips.

These streaks and wrinkles due to age can be removed easily with filling applications.

Filling provides a visible effect right after the application.

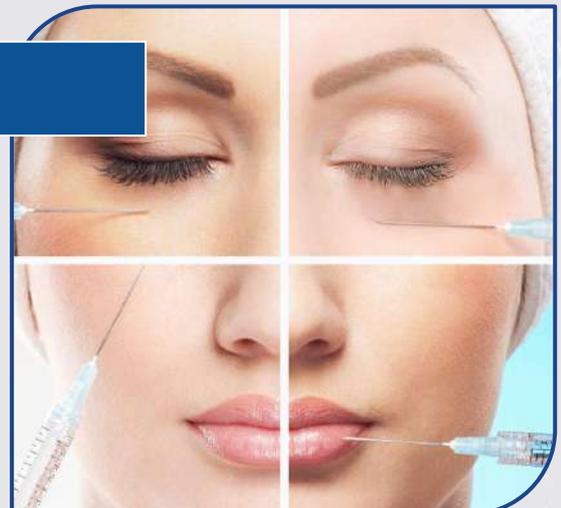
ON WHICH AREAS CAN BOTOX BE USED?

- Supraorbital wrinkles
- Mimic wrinkles on forehead and glabella
- Lip area wrinkles
- Neck area wrinkles
- Nasolabial line descending from nose and mouth
- The lines descending from lip-ends to chin
- Cheek sagging

BOTOX



BOTOX



WHY FILLING IS APPLIED?

- To diminish forehead wrinkles
- To diminish glabella wrinkles
- To correct Nasolabial wrinkles (descending from nasal wings to lip-ends)
- To diminish the wrinkles descending from circumoral area to chin
- To shape eyebrows
- To distinguish cheekbones
- To distinguish lip shape and extend its size, to correct asymmetrical lips
- To correct facial contour, to distinguish jawbone
- To highlight and distinguish chin
- To correct diminished facial areas which result due to aging
- To eliminate supraorbital cavities and bruises

FILLING



3d FACE AND BODY ANALYSIS

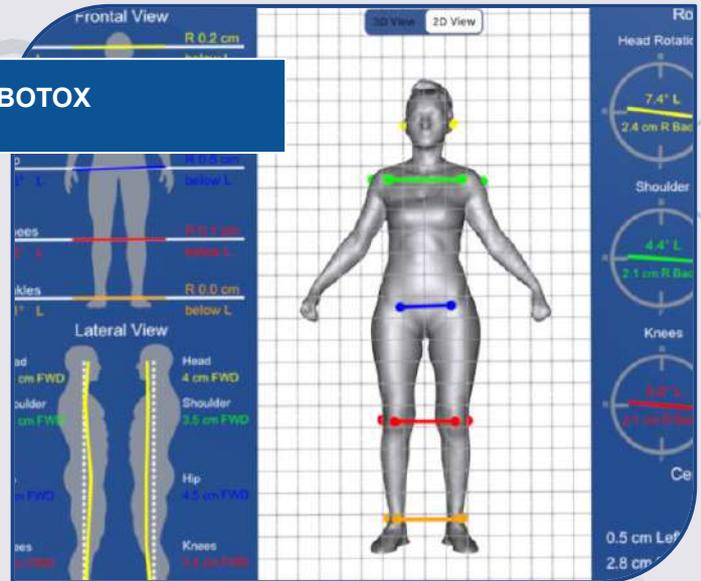
Performing a skin analysis before surgical and non-surgical plastics helps to choose the most suitable treatment.

3D images taken from facial, neck and other desired areas enable physicians to determine dermal issues (vascularization, spots and wrinkles), sagging and loosening and volume depletion.

Patient-specific applications are presented to the patient with a simulation on these images. Thus, the cosmetic outcome can be evaluated together with the patient.

3D technology offers preoperational examination and planning for rhinoplasty breast augmentation and body contouring surgeries. Besides, the images can be preserved for the prospective evaluation of changes due to aging and the treatment options for it.

BOTOX



The best solution for the symptoms of aging is face lifting operation in combination with well-designed and necessary supplementary methods.

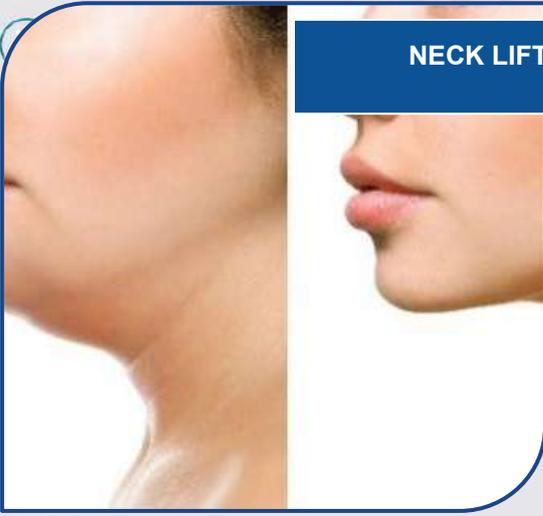
A well –designed operation creates utterly natural results. The operation is applied through incisions behind and before ear, and results with an invisible scar.

Face lifting can be planned as central face lifting for the patient group with slighter sagging skin.

FACE LIFTING



NECK LIFTING



Similar to traditional face lifting, neck lifting operation is also applied through an incision on hairy skin behind ears. This is procedure mostly performed in combination with face lifting. The operation is effective against laps and sags on neck.

RHINOPLASTY



Nose is the most important determinant of facial appearance and should look natural.

Rhinoplasty surgeries that shape nose can alter the shape of nasal hump or nose tip, decrease or increase its size and diminish nostrils.

Besides, adenoids and deviated septum both of which make it difficult to breathe can be eliminated with rhinoplasty.

Supraorbital area is the first indicator of aging. First eyelids are deformed and sagging skin and eye bagging may take shape. Besides, mimics cause wrinkles around eyes which are also known as crow's foot. Therefore, sagging skin should be taken out and eyelid stretchiness and cosmetic aspects should be established.

BLEPHAROPLASTY



Forehead lifting operations are applied in order to eliminate forehead sagging and lines and wrinkles, to replace eyebrows to a more attractive and higher position, and to rejuvenate performed through an incision in hair or before the hair line.

FOREHEAD LIFTING



HAIR TRANSPLANTATION

Hair transplantation is surgical operation which is conducted with a special method called FUE and offers solution to %85 of the patients in a single session who complain about loss of hair. This operation is performed under local anesthesia. This patient stays awake during this operation but does not feel any pain.

Besides, the most reliable method for hair transplantation is anesthesia.

PRP is used in many areas such as skin rejuvenation, hair loss, wound healing, acne scar and surgery scar and is applied by placing a small amount of blood sample into a special tube, subjecting it to a couple of processes and then re-injecting the platelet-rich plasma to the same person. PRP treatment is practiced by specialist physicians and, in this treatment; thrombocytes more abundant than under normal conditions are accumulated in the tissue of damaged cells.

This application ensures a faster and stronger repair process.

PRP (Platelet-Rich Plasma)



HAIR LOSS TREATMENT AND HAIR TRANSPLANTATION

Loss of hair is an illness that starts at earlier ages compared to previous times.

If treated at early ages the severity of loss of hair can be decreased, the loss can be prevented and hair quality can be increased.

The progressive stages of loss of hair become subject to more radical processes such as hair transplantation.

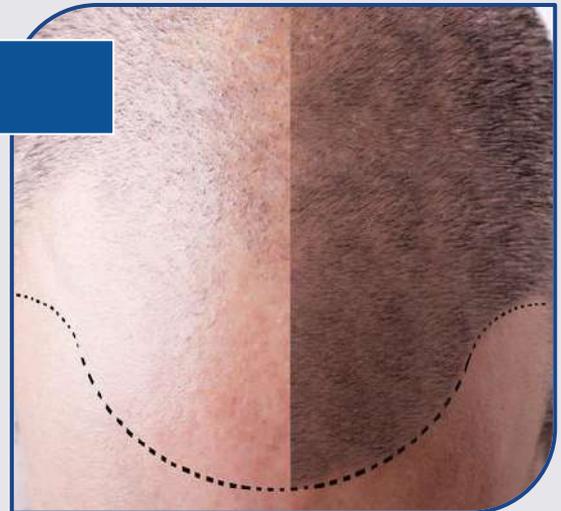
HAIR MESOTHERAPY

The patients who experience more serious loss of hair problems cannot get the desired results with home cures. In such case, the components that are required to be in hair structure need to be injected to hair roots.

This process is called hair mesotherapy.

This application is generally performed with a device and can control hair loss in a period extending from 1 week to 1 year.

HAIR PLASTICS



SURGICAL OPERATIONS





HAIR

PRP TREATMENTS

The blood taken from the patient undergoes a series of procedures and injected into the scalp after mixing with the activator. As it may seem to be similar with mesotherapy It is a more effective method. Combination of hair mesotherapy and PRP is more preferred in recent years.



HAIR PROTECTION

BT THERAPY

Hair mesotherapy and PRP applications provide a maximum of 3 months of protection, while BT Therapy provides 1 year of protection. It is ideal for patients who often live abroad or cannot be treated for protection once every 3 months. As an effect it is a superior treatment compared to hair mesotherapy and PRP therapies.

STEM CELL THERAPY

In this process, patient's hair follicles are subjected to certain special procedures and injected to hairy skin with PRP.

The treatment provides a longer protection.

HAIR



HOME CARE CURES

Loss of hair during early ages can be controlled with medical shampoos and special home cures that are recommended by dermatologists.

If the loss of hair is found out not to be a seasonal loss, the patient can apply self treatment with the prescription, special mixtures and cures to be provide by physicians.

These therapies are ideal for those who have burnt hair due to hair dresser processes, who experience dense loss of hair due to use of inappropriate products and who have lifeless, neglected and pale hair.

SURGICAL OPERATIONS



REGIONAL SLIMMING WITH LYMPH DRAINAGE

Edematous cellulite generally appears after obesity and birth.

The application prevents conditions that from varicose veins, decreases post-liposuction edema, increases skin elasticity, and hinders thrombosis in in-patients.

It ensures that positive results are obtained if used with slimming devices.

SLIMMING METHODS



Fatty graft transfer or, in other words, fat injection is a process of taking fatty tissue from any part of the body and injecting it to another area.

The process is performed to swell and fill collapsed areas of the face, to correct sunken scars, thicken lips and to distinguish cheekbones.

FAT INJECTION



SLIMMING METHODS



CELLULITE THERAPY WITH MESOTHERAPY

Used in both regional slimming and cellulite treatment, mesotherapy is exercised on problematic areas by intracutaneous or subcutaneous microinjection. Mesotherapy is applied on many parts of the body among which neck; abdomen and belly fats, waist and back areas and knee area the most frequent cases.

The therapy is advantageous for it takes a short time to apply and offers fast solution.

Besides the skin can be corrected and rejuvenated since the injected mixture contains vitamins minerals and antioxidants.



SLIMMING METHODS

REGIONAL SLIMMING WITH LIPOLYSIS

Injection lipolysis is body shaping applications that are used in the treatment of regional lipoidosis and skin looseness and applied mostly on legs, arms, thighs and hip. Lipolysis reshapes the body by removing the excess that deteriorates body contour and generally takes place in abdomen, thigh, calves, ankles, arms, submandibular area and other parts of the body. The practice can eliminate the fats that accumulate under the skin as well as providing a stretched and younger appearance by improving the collagen production of the skin.



SLIMMING METHODS

A TIGHT AND STRETCHED SKIN WITH BIOACTIVATION

This method is effective not only against regional lipoidosis but also against cellulite and skin looseness and provides a circumferential metric decrease and reshapes the figure. After the first stage where ultrasonography is conducted with gels, electroporation is exercised availing of anti-cellulite or stretching gels. In the last phase. Lymphatic drainage accelerates the elimination of the fats that are released to intracellular area.

SKIN TIGHTENING WITH ICOONE

Icoone helps you acquire favorable results by its impact on specific defects (inner and outer sagging of arms, bagging and loose tissues) following an examination for the requirements of the skin. It eliminates problems arising out of bad looking cellulite. Takes anti-aging action, refreshes the skin and provides re-oxygenation. Stimulates skin elasticity, tightens and makes it look better. This application can decrease wrinkles and lines even in the most sensitive areas of the skin.

SLIMMING METHODS



SLIMMING WITH ISOMETRIC EXERCISE

As a result of a life that passes without sports and exercise our musculature becomes weaker. The device is an electro stimulation that is a stimulative flow device. It smoothes the skin stretches the muscles and enhances the metabolism and lymph circulation. The device ensures that tissue fluid and water is eliminated from the body, and is used in that treatment of cellulite

SLIMMING METHODS





SLIMMING METHODS

HAND REJUVENATION

Hand aging generally occurs due to subcutaneous tissue loss thinning of skin loss of elasticity and spotting. The most appropriate approach for hand aging is a combination of various treatment methods due to the presence of multiple issues.

In this method, dense filling and the patient's adipose tissue are used for injection against subcutaneous loss of volume.

Mesotherapy, PRP, stem cell or skin resurfacing lasers can be availed for skin elasticity and thinning.

The sun spots on the skin can also be removed by laser therapy.



SURGICAL OPERATIONS

HAND PLASTIC SURGERY

The distinction of hand veins, tendons and tissues are the most important indicators of aging.

Hyaluronic acid materials can alter thi appearance by injection.

The preparation and lipo-injection of patient's own adipose crates a permanent result.

BRACHIOPLASTY

There may occur skin sagging starting from armpit area and extending to elbow.

The elimination of this excess is carried out by opening an incision from armpit side to elbow and removing all tissues in excess.

The surgical wound is closed ensuring that incision is invisible.

SURGICAL OPERATIONS



PLASTIC SURGERY AND STEM CELL THERAPY

The regenerative cells obtained from a relevant patient can be used also in cosmetic surgery. These cells ensure renewal for skin and aged areas. This therapy is performed in 3 stages. First of all, relevant patient's adipose tissue is taken by biopsy of liposuction.

The regenerative cells obtained from these tissues are refined subjecting them to a series of processes and then concentrated. Finally, The regenerative cells are injected to the desired area of the patient either alone or in combination with natural blends.

SURGICAL OPERATIONS

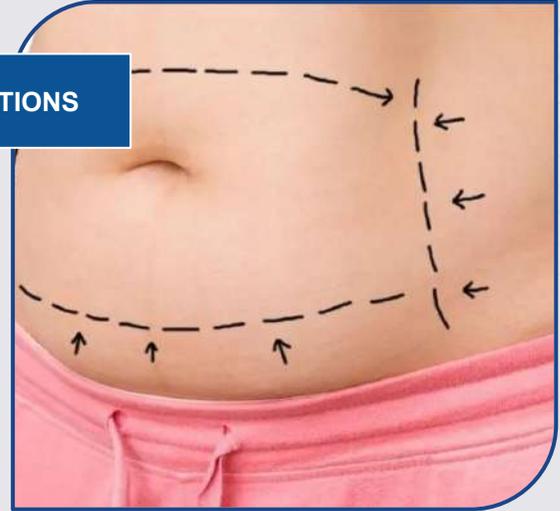


ABDOMINOPLASTY

This is a surgery where the excessive fat and the skin in abdominal wall are removed and the abdominal wall is reshaped and rejuvenated after the muscles are stretched.

Abdomen lifting surgery thins waist by reshaping loose and adipose appearance and ensuring a flat and slim look.

SURGICAL OPERATIONS



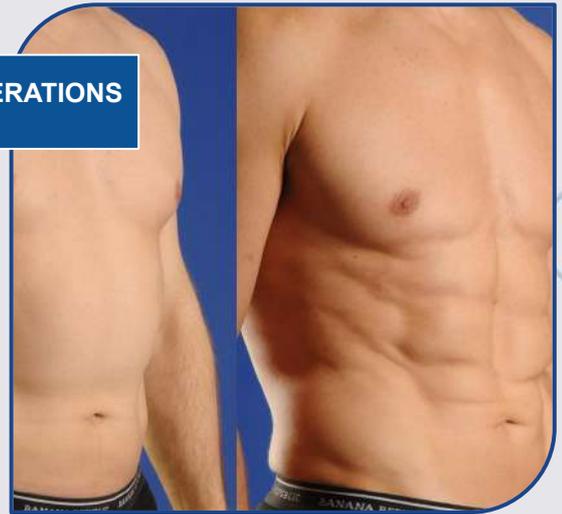
LIPOSUCTION

Liposuction is the elimination by cannula vacuuming of adipose tissues that are accumulated at a particular region of the body (such as hip, thighs, waist and belly).

Liposuction is not a slimming surgery and only reshapes the body.

Besides, state of the art technology of VASER can also be used in liposuction based on preference.

SURGICAL OPERATIONS



EAR SURGERY



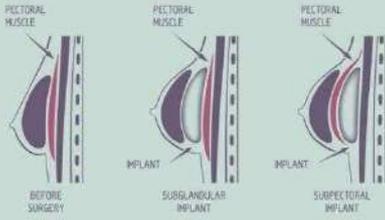
Prominent ear surgery: The ears are leaned backwards with an incision behind ears and the stitching to cartilages.

Thus, the cartilage twists and angles acquire an aesthetic appearance.

Earlobe surgery: Large earlobes can be diminished and earlobe angles can be altered.

SURGICAL OPERATIONS

BREAST AUGMENTATION PLACEMENT



Breast Diminution

Breast diminution surgeries are exercised against large and sagging breasts that are incompatible with the figure.

Large breasts generally cause backache, neck, pain, inframammary rash and wounds. The surgery aims to increase the quality of life beside cosmetic operation.

SURGICAL OPERATIONS



Breast Tightening

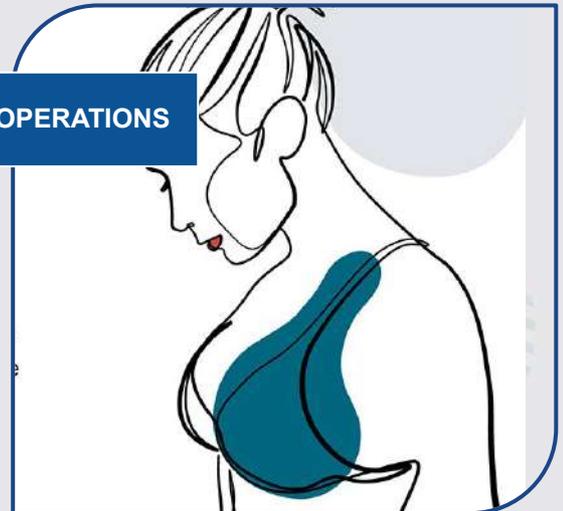
Breast tightening surgeries are performed on sagging and cosmetically undesired breasts with normal size.

Breast Augmentation

Breast Augmentation surgeries are performed to augment small and undeveloped breasts.

These surgeries are applied by placing silicone implants under breast tissue in order to augment the breasts.

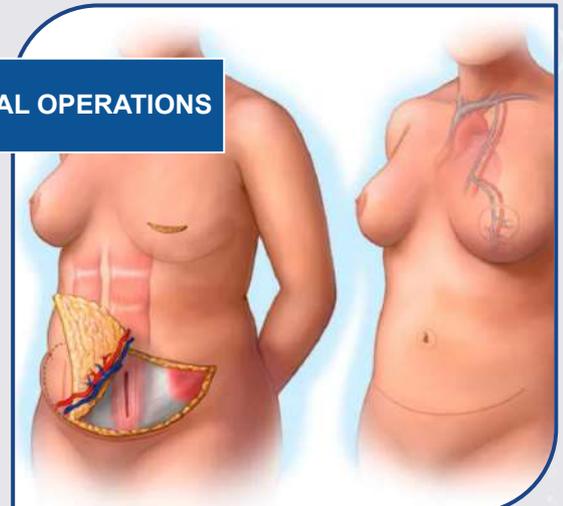
SURGICAL OPERATIONS



Breast Reconstruction

Breast reconstruction is the production of breast by implant/patient's own body tissue in case of loss of breast due to various issues such as cancer, natal anomalies and accidents.

SURGICAL OPERATIONS



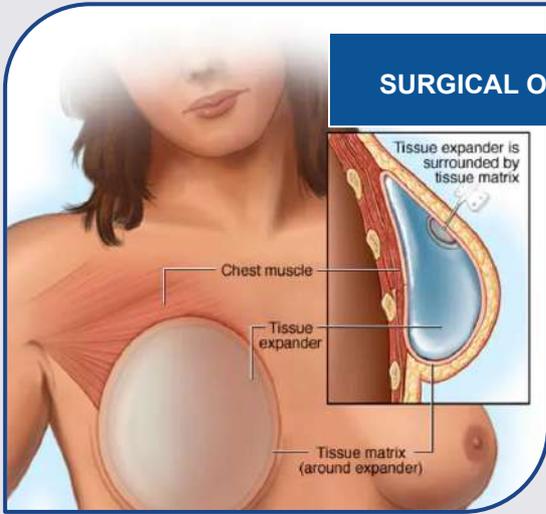
SURGICAL OPERATIONS



MAMMOPLASTY

Breasts may incur changes due to various reasons such as age genetic characteristic, pregnancy, changes in body weight and menopause. Cosmetically undesired breasts may cause lack of self-confidence and affect social life.

SURGICAL OPERATIONS



BREAST RECONSTRUCTION

Breast cancer is one of the most prevalent types of cancer in women. Generally, the process results with the removal of breast, cancerous tissue under breast or lymph glands. However, today breast reconstruction therapy process is applied using regenerative cells.

TREATMENT FOR WOUNDS AND SCARS ON SKIN

The regenerative cells obtained from a relevant patient's body can be used in the treatment of body and facial wounds and scars, and the prevalence of subsequent allergic reactions are quite low.

The deformed region can regain its natural look after the therapy.

STEM CELL APPLICATIONS



GENITAL PLASTIC SURGERY

The cosmetic and functional problems in sexual organs are significant issues that cannot be shared easily with other people but affect the psychology of the patient and deteriorates the relations with the opposite sex.

These problems can be corrected surgical interventions.

SURGICAL OPERATIONS





SURGICAL OPERATIONS

THIGH LIFTING

Some of the problems that bother women the most are flappy thighs, fluctuation and irregularities in the skin. Internal leg problems can cause aesthetic problems, as well as friction when walking, which disturb patients.

Treatment methods for the internal legs, which are difficult to correct due to the very thin skin structure, are also available.

CALF PLASTIC SURGERY

Calves should have proportional length and thicknesses and be curvy and round for a beautiful and attractive look.

Silicon prostheses can ensure the desired form for calves.

Patient's own adipose tissue or readymade filling materials help thicken calves.

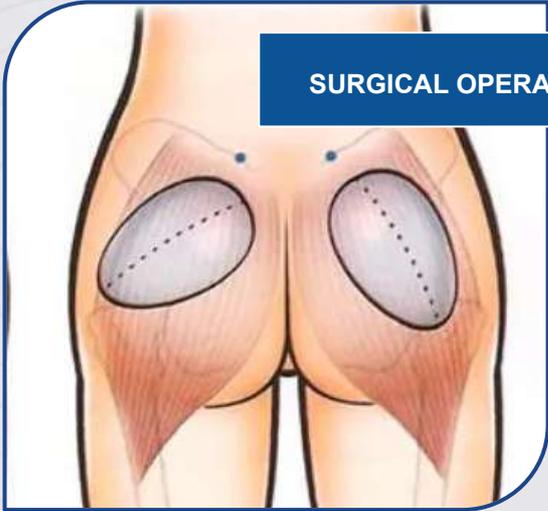


SURGICAL OPERATIONS

HIP PLASTIC SURGERY

Every woman desires to have a beautiful and round hip.

The surgeries performed for hip and butt plastics are liposuction, fat removal by vacuuming hip prosthesis and adipose tissue injections.



SURGICAL OPERATIONS

Regenerative Medicine, cell production and Stem Cell

Research Center of Liv Hospital provides solutions to traditionally incurable medical and cosmetic issues by using regenerative cells obtained from the tissues of patients. Regenerative Medicine, cell production and Stem Cell Research Center of Liv Hospital operates in collaboration with all branches and offers permanent remedy for many problems that cannot be altered with traditional medical treatments.

Regenerative Medicine cell production and Stem Cell Research Center of Liv Hospital renews unhealthy and dysfunctional cells and tissues with biological products, and scientific procedures.

STEM CELL APPLICATIONS



SURGICAL OPERATIONS



FACIAL AND BODY SURGERY (ANTI-AGING)

The fillings are unnatural products such as implants results in re-absorption of the filling up to %70.

However, the fillings applied by using regenerative cells of a relevant patient minimize this issue and creates a natural, more persistent and a young look.

Therefore sometimes a single injection with regenerative cells can suffice instead of recurring operations.

EPILATION

Today, laser epilation for removing undesired hairs is the most widely used method.

In our clinic, we prefer to use the most efficient laser systems for epilation.

LASER TREATMENT





HAIR TRANSPLANTATION

IN SHORT, HAIR TRANSPLANTATION IS PERFORMED AS FOLLOWS:

Maximum numbers of grafts are taken from donor area.

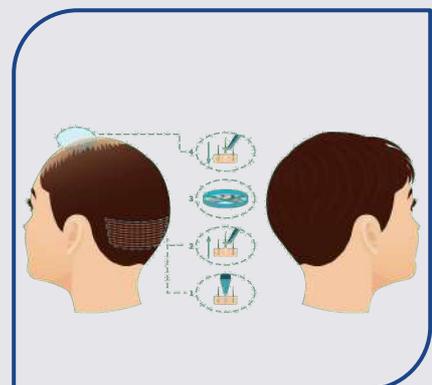
Canals are opened to plant stems while the stems that are taken rested in a special solution.

Finally, stems are transplanted into the canals and the process is thus completed.

Hair transplantation is performed according to HR SYSTEMS criteria in Liv Hospital.

These criteria are the integral part of the conditions that are to be complied for hair transplantation.

Physicians and hair transplantation specialists transplant the maximum number of grafts within 4 to 5 hours in compliance with HR SYSTEMS Criteria.





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